

PROGRAM POLICY - CRISIS SERVICES

1 Primary Purpose

1.1 The Person Centered Individual Service Plan (ISP), which will include a behavioral intervention plan, will serve to:

1.1.1 stabilize the person in crisis

1.1.2 teach advocacy and coping skills

1.1.3 prevent re-occurrences for a minimum of six months

1.1.4 return the person to previous placement or similar community placement within 90-180 days

2 Assessment

2.1 Assessment begins prior to a person being admitted to OPTIONS' Crisis Services and during the initial first 3 days of admission.

2.2 Assessment information to be used in the development of the Person Centered Individual Service Plan may include, but not be limited to:

2.2.1 abilities of the person referred/admitted

2.2.2 presenting emotional and behavioral distress

2.2.3 history of previous mental health services including psychiatric contact, pharmacological therapy, hospitalizations and use of community services

2.2.4 medical history and status

2.2.5 diagnosis

2.2.6 pertinent social and developmental history

2.2.7 drug use profile

2.2.8 role of family and significant others

2.2.9 adjustment to their disability

2.3 Consents

2.3.1 Proper consent forms will be obtained prior to the initiation of a behavioral program.

2.3.2 The person receiving services must agree to work on a targeted area before it becomes part of the plan.

3 Implementation and Monitoring

3.1 The Crisis Services Manager will be responsible for the implementation of the ISP.

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- 3.2 Community Support Specialists will implement ISP procedures.
- 3.3 Community Support Specialists will document the person's progress.
- 3.4 ISP's will be formally reviewed by the Clinical Team (ID Team) on a weekly, bi-monthly or monthly basis as determined by the IDT.

POLICY DATE: July 2004
REVISED: January 2008
May 2012
August 2014
September 2016
REVIEWED: October 2017